

# EK Power Inc. Concussion Removal from Sport Protocol

## 1. Purpose

This standard operating procedure ensures the safety and well-being of participants by establishing a clear process for identifying, responding to, and managing suspected concussions. This SOP aligns with **Rowan's Law** emphasizing immediate removal, medical assessment, proper documentation, and a structured return-to-sport process.

### 2. Scope

a. This SOP applies to all participants, parents/guardians, and coaches.

#### 3. Process

- a. Remove the Participant
  - i. Participant must be immediately removed from practice if a concussion is suspected, regardless of its cause.
- b. Call 9-1-1 if Emergency
  - i. If red flag symptoms appear, the designated person(s) must call 9-1-1.
- c. Inform the Parent/Guardian (if under 18)
  - i. Notify the parent/guardian of the removal
  - ii. Advise that medical assessment by a physician or nurse practitioner is required before return.
- d. Provide Protocols
  - i. Supply the participant (or parent/guardian) with the **Removal from Sport** and **Return to Sport** protocols.
- e. Record the Incident
  - i. Document the removal and report it to EK Power and Edge coaches.
- f. Return to Sport
  - i. The participant may only return once cleared under **Return to Sport** protocol.

#### 4. Resources

- a. Rowan's Law e-Learning
- b. Rowan's Law: Concussion safety | ontario.ca
- c. Rowan's Law: Concussion Awareness Resources | ontario.ca

Failing to adhere to these guidelines may result in removal from the session or program.