



EK Power Inc.

Concussion Return to Sport Protocol

1. Purpose

This standard operating procedure ensures the safety and well-being of participants by establishing a clear process for identifying, responding to, and managing suspected concussions. This SOP aligns with **Rowan's Law** emphasizing immediate removal, medical assessment, proper documentation, and a structured return-to-sport process.

2. Scope

- a. This SOP applies to all participants, parents/guardians, and coaches.

3. Process

- a. Medical Confirmation
 - i. Participants must provide proof of medical assessment and clearance before returning.
- b. Concussion Diagnosis
 - i. If diagnosed, participants must follow graduated return-to-sport steps as outlined by a doctor or nurse practitioner.
- c. Medical Advice Sharing
 - i. Participants (or parents/guardians) must share medical recommendations before returning.
- d. Diagnosis Disclosure
 - i. Participants (or parents/guardians) must be informed to disclose their concussion to other organizations/schools.
- e. Final Medical Clearance
 - i. Written medical clearance is required for unrestricted return.

4. Resources

- a. [Rowan's Law e-Learning](#)
- b. [Rowan's Law: Concussion safety | ontario.ca](#)
- c. [Rowan's Law: Concussion Awareness Resources | ontario.ca](#)

Failing to adhere to these guidelines may result in removal from the session or program.